



Becky Neeves

Social Prescribing Link Worker

Email: rebecca.neeves@nhs.net

Tel: 07470271863

(above details **not** to be given to patients)

Weds (AM) &
Friday (all day):
Kintbury & Woolton Hill

Job Summary

To support patients with their health and wellbeing through connecting them with local and national support. Social Prescribing gives time to patients to discuss the issues they are facing and work through how they can be supported.

What I can do

Referrals can be for:

- ❖ Accessing support for wellbeing/mood
- ❖ Financial worries
- ❖ Housing issues
- ❖ Volunteering/training/employment
- ❖ Support for carers
- ❖ Loneliness and isolation
- ❖ Bereavement
- ❖ Signposting to local and national peer support groups

How to refer

Discuss with patient if they are happy for a referral, and send a task to Becky directly, or to the Care Team task box. Please provide a little information about the reason for referral.

Social Prescribing session example

Usually, Becky would talk with a patient for an hour on average, the first call with a patient can be longer. They would discuss the reason for the referral, what the patient want to achieve, and assess what is happening with the patient outside of this referral.



Dr Augustine 'Toks' Aluko

**MSK First Contact Physiotherapy
Practitioner**

Email: toks.aluko@nhs.net
(above details not to be given to patients)

Tues am: Hungerford
Tuesday pm: Lambourn

Weds am: Woolton Hill
Weds pm: Hungerford

Thurs am: Woolton Hill
Thurs pm: Hungerford

Fri am: Lambourn
Fri pm: Kintbury

Job Summary

- ❖ Provide clinical diagnoses for pain associated with the musculoskeletal system (muscles, joints, ligaments, nerves etc) for adults aged 16+
- ❖ Offer a plausible explanation of possible underlying causes, providing practical non-invasive advice and techniques to alleviate pain and restore function.
- ❖ Requests for relevant imaging, and where appropriate, blood tests to assist in the diagnostic clinical reasoning process can also be made.

What I can do

- ❖ Dr Aluko can offer practical advice to encourage patients to take ownership of their condition, reduce the reliance on medication and reduce footfall through the surgery in general terms.
- ❖ By emphasising the need for collaboration to overcome pain and discomfort whilst considering the limitation of any intervention, Dr Aluko can encourage patients to be realistic about treatment outcomes.

What I can't do

- ❖ Cannot reverse the effects of the natural aging process and its associated aches and pains.
- ❖ Dr Aluko cannot prescribe medication or give injections.
- ❖ Although he can refer to MSK Physiotherapy treatment providers and giving them relevant clinical examination findings to support my clinical reasoning process, Dr Aluko cannot influence their clinical judgement and treatment choices.



Vusa Nsingo

Mental Health Practitioner

Monday – Hungerford

Wednesday – Lambourn

Friday – Alternates between
Hungerford and Lambourn weekly

Job Summary

- ❖ Triage and review patients presenting with mental health conditions.
- ❖ Please book triage appointment directly into System One diary or send a task if you would like a review first.

What I can do

- ❖ Offer triage for a range of mental health conditions: Depression / Anxiety / Stress and post traumatic responses / Emotional instability / Voice hearing and other psychotic experiences / Dementia & memory problem.
- ❖ Offer signposting advice, treatment recommendations, and make referrals to Talking Therapies, specialist services and secondary mental health care.
- ❖ Not a prescriber – but can make that assessment and task GPs for medication.
- ❖ Can complete and review Med3s for mental health needs as required.

What I can't do

- ❖ Triage patients under 18
- ❖ Specific medication reviews – these need to be done by GP as the prescriber (but can review and assess mental state for follow ups as needed).
- ❖ Support patients who are presenting in crisis – they should be directed to mental health crisis services if they need urgent support within 24hrs
- ❖ Support people who are already under the care of CMHT/secondary services.

Mental Health Practitioner

Patients in crisis/calling in distress

Should a patient call with an urgent MH crisis, that cannot wait for my next triage appointment, or cannot wait more than 24 hours for an appointment with any practitioner, please ask them to contact the MH crisis service on the numbers below:

Common Point of Entry Team (CPE) – 0300 365 2000 (option 4). *Monday – Friday 8am-8pm*

Crisis Resolution and Home Treatment Team (CRHTT) 0800 129 9999. *After 8pm and weekends.*

There is an accurx template saved with MH Crisis Numbers which can be sent to any patient to use as needed.

They don't need to speak to GP first – they can self-refer to CRHTT. If assessed as not being a crisis, they will direct on to the appropriate service.

Patients under secondary care/CMHT

Please note if patients are already known to be under secondary mental health services, they should be directed to the CMHT/secondary care service as appropriate. (The purpose of my role is to triage patients who are not already under a MH team). However, I am able to check this using Rio, so am very happy to clarify and advise the patient accordingly if needed.

Patients under 18 years

For routine mental health appointments, please book in with a GP.

If there are urgent concerns regarding the mental health of a patient under 18years old, please direct patients or parents to the CAMHS Common Point of Entry Service – they can call on **0300 365 1234** between 8am to 8pm (Mon-Fri excluding Bank Holidays). Outside of these hours , please direct them to the usual Mental Health Crisis Team number **0800 129 9999**.



Dr Ellora Evans

PCN Clinical Director

Email: ellora.evans@nhs.net

Work base
Hungerford Surgery

Job Summary

I work as a GP partner at Hungerford Surgery and as the Clinical Director for the West Berkshire Primary Care Network which covers Lambourn Surgery, Hungerford Surgery and Kintbury and Woolton Hill Surgeries.

What I can do

- ❖ I am the Clinical Lead for Long-Term Condition (including Diabetes) Management, Hungerford Nursing Home
- ❖ I am the practice lead for Education
- ❖ I carry out Implanon Insertions (contraceptive services)
- ❖ Monitoring patients' conditions and wellbeing.
- ❖ Discussing treatment options with patients.
- ❖ Carrying out clinical examinations.
- ❖ Diagnosing and treating illnesses/ailments.

What I can't do

I don't do joint injection or coil insertions.